The "Nebraska Breakfast" is a six decade-old tradition that welcomes visiting Nebraskans to the nation' capital on the Wednesdays that both the U.S. Senate and House of Representatives are in session. Wednesday, February 10, 2009, marked the return of the Nebraska Breakfast in the 111th Congress.

The Nebraska Breakfast began in 1943 when Senator Hugh Butler began meeting informally with other members of Nebraska' congressional delegation and their guests. Reflecting Nebraskans' neighborly spirit and independence, the Nebraska Breakfast is both the oldest and only state gathering of its kind, welcoming hundreds of constituents to the U.S. Capitol each year.

At the first breakfast this year, nearly 60 students, veterans, farmers, and other visitors from our state came to meet with me and the other Nebraska congress members and senators, discussing the issues that matter most to them. It is truly a unique and rewarding experience for all who participate.

When visiting our nation' capital, I strongly encourage you to make the event a part of your itinerary. The Nebraska Breakfast begins at 8:00 am in the South Meeting Room of the Capitol Visitors Center restaurant. For more information and to attend, please contact my Washington, D.C. office at 202.225.4806.

For your information, following is a list of the dates for Nebraska Breakfasts in 2009: February 11, 25; March 4, 11, 18, 25; April 1, 22, 29; May 6, 13, 20; June 3, 10, 17, 24; July 8, 15, 22, 29; and September 9, 16, 23, 30.